



# A+ MARTIAL ARTS GREAT NECK SCHEDULE 2023



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
PRIVATE TRAINING AVAILABLE	<b>FITNESS &amp; KICKBOXING</b> 9:30-10:30 AM	PRIVATE TRAINING AVAILABLE	<b>FITNESS &amp; KICKBOXING</b> 9:30-10:30 AM	PRIVATE TRAINING AVAILABLE	<b>LITTLE DRAGONS KARATE</b> (AGES 3-5) 10:00-10:40 AM	<b>LITTLE DRAGONS KARATE</b> (AGES 3-5) 9:30-10:10 AM
PRIVATE TRAINING AVAILABLE	<b>LITTLE NINJA WARRIOR</b> (AGES 2.5-3) 3:30-4:00 PM	PRIVATE TRAINING AVAILABLE	PRIVATE TRAINING AVAILABLE	PRIVATE TRAINING AVAILABLE	<b>LITTLE DRAGONS KARATE</b> (AGES 3-5) 10:45-11:25 AM	<b>LITTLE DRAGONS KARATE</b> (AGES 3-5) 10:15-10:55 AM
<b>LITTLE DRAGONS KARATE</b> (AGES 3-5) 4:10-4:50 PM	<b>RISING WARRIORS</b> (AGES 6-8) 4:10-4:50 PM	<b>LITTLE DRAGONS KARATE</b> (AGES 3-5) 4:10-4:50 PM	<b>RISING WARRIORS</b> (AGES 6-8) 4:10-4:50 PM	PRIVATE TRAINING AVAILABLE	<b>RISING WARRIORS</b> (AGES 6-8) 11:30- 12:10 PM	<b>RISING WARRIORS</b> (AGES 6-8) 11:00-11:40 AM
<b>RISING WARRIORS</b> (AGES 6-8) 4:55-5:35 PM	<b>LITTLE DRAGONS KARATE</b> (AGES 3-5) 4:55-5:35 PM	<b>RISING WARRIORS</b> (AGES 6-8) 4:55-5:35 PM	<b>LITTLE DRAGONS KARATE</b> (AGES 3-5) 4:55-5:35 PM	PRIVATE TRAINING AVAILABLE	<b>DRAGONS DEN &amp; TEEN KARATE</b> 12:15-1:10 PM	<b>DRAGONS DEN &amp; TEEN KARATE</b> 11:45-12:40 PM
<b>DRAGONS DEN</b> (AGES 9-11) 5:40-6:35 PM	<b>DRAGONS DEN</b> (AGES 9-11) 5:40-6:35 PM	<b>DRAGONS DEN</b> (AGES 9-11) 5:40-6:35 PM	<b>DRAGONS DEN</b> (AGES 9-11) 5:40-6:35 PM	<b>COMPETITION TEAM TRAINING</b> 6:00-7:30 PM	<b>COMPETITION TEAM</b> 1:15-2:15 PM	<b>SCHEDULE YOUR CHILD'S NEXT BIRTHDAY PARTY</b>
PRIVATE TRAINING AVAILABLE	<b>TEEN KARATE</b> 6:40-7:35 PM	<b>TEEN KARATE</b> 6:40-7:35 PM	<b>TEEN KARATE</b> 6:40-7:35 PM	PRIVATE TRAINING AVAILABLE	<b>SCHEDULE YOUR CHILD'S NEXT BIRTHDAY PARTY</b>	
PRIVATE TRAINING AVAILABLE	<b>COMPETITION TEAM</b> 7:40-8:40 PM	<b>COMPETITION TEAM</b> 7:40-8:40 PM	PRIVATE TRAINING AVAILABLE	PRIVATE TRAINING AVAILABLE		